

## TEEN PROGRAM OVERVIEW ALAMANCE COUNTY YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

## **Y ACHIEVERS**

Y Achievers focuses on late- and post- high school objectives such as academic performance, developing a sense of purpose, and preparation for both college and workforce paths after graduation.

Every Wednesday from 6:30-7:30PM 01/08/2025 - 05/07/2025 Members: \$29 / Non-Members: \$49

## **Y LEADERS**

Y Leaders is a teen-led club where the possibilities are endless! With the guidance of our Teen Director and other adult advisers, participants will plan out weekly leadership activities, volunteer opportunities, and other ways to connect with each other, themselves, and their community.

Every Monday from 6:30-7:30PM 01/06/2025 - 05/05/2025 Members: \$29 / Non-Members: \$49

## **COUNSELORS IN TRAINING**

Similar to our summer Leaders in Training (LIT) program, the Counselors in Training (CIT) program is designed to give high school freshmen and sophomores an opportunity to gain the full after–school counselor experience prior to being eligible for employment. The CIT experience includes: shadowing counselors during after–school hours, working directly with after–school groups, and growing as a future Y employee!

Monday -Friday (per your availability)
After-School - 6:00PM
09/16/2024 - 06/04/2025
Free of Cost

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