



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Alamance County YMCA Gym 1 - Summer 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 7AM - 5PM	OPEN GYM 1PM - 5PM

Schedule is subject to change

For a better us.

REGISTER FOR SUMMER DAY CAMP



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Alamance County YMCA Gym 2 - Summer 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 7AM - 5PM	OPEN GYM 1PM - 5PM

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Alamance County YMCA Gym 4 - Summer 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 11AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 11AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 7AM - 5PM	OPEN GYM 1PM - 2PM
PICKLEBALL OPEN PLAY 8AM - 11AM		PICKLEBALL OPEN PLAY 8AM - 11AM		PICKLEBALL OPEN PLAY 8AM - 11AM		PICKLEBALL OPEN PLAY 2PM - 4PM
CLOSED FOR SUMMER CAMP 11AM - 6PM	CLOSED FOR SUMMER CAMP 11AM - 6PM	CLOSED FOR SUMMER CAMP 11AM - 6PM	CLOSED FOR SUMMER CAMP 11AM - 6PM	CLOSED FOR SUMMER CAMP 11AM - 6PM		OPEN GYM 4PM - 5PM
OPEN GYM 6PM - 8PM	OPEN GYM 6PM - 8PM	OPEN GYM 6PM - 8PM	OPEN GYM 6PM - 8PM	OPEN GYM 6PM - 8PM		

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Alamance County YMCA Gym 5 - Summer 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 11AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 11AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 7AM - 5PM	OPEN GYM 1PM - 2PM
PICKLEBALL OPEN PLAY 8AM - 11AM		PICKLEBALL OPEN PLAY 8AM - 11AM		PICKLEBALL OPEN PLAY 8AM - 11AM		PICKLEBALL OPEN PLAY 2PM - 4PM
CLOSED FOR SUMMER CAMP 11AM - 6PM	CLOSED FOR SUMMER CAMP 11AM - 6PM	CLOSED FOR SUMMER CAMP 11AM - 6PM	CLOSED FOR SUMMER CAMP 11AM - 6PM	CLOSED FOR SUMMER CAMP 11AM - 6PM		OPEN GYM 4PM - 5PM

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