



Fall Adult Sports

Alamance County YMCA

YMCA Fall Adult Sports offers a fun and exciting atmosphere with friends, co-workers, church groups and family. It also a great way to meet new people and make new friends. Players may sign up as an individual or together as a team.

Early Registration: 7/8 - 8/31

Late Registration: 9/1 - 9/9

Registration Fee: Member (\$49); Non-Member (\$69)

ORIENTATION & PRE-SEASON: Week of September 12 - 13

REGULAR SEASON: Begins Week of September 19 - 20

POST-SEASON TOURNAMENT: Week of October 24 - 25

Men's Adult Basketball

Thursdays at 6:00pm



Co-Ed Adult Volleyball

Fridays at 6:00pm



Sign up at acymca.org or call (336) 395-9622

FOR MORE INFORMATION

Senior Youth and Sports Director: Zack Manley - zmanley@acymca.org